

Learning From the Seagull

I watched the Seagull
Beating its wings to reach higher places
Rising up on the thermals.
Sheer enjoyment!

As it climbs, fighting the air,
Pressing down the elements,
Defeating the forces of gravity.
Sheer pleasure.

Help me to defeat the inner pressures
And beat down external circumstances,
Victorious in my life with You.
Sheer freedom.

To live, pleasing You.
Reaching towards You.
Living my life in You.
Sheer enjoyment.

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